

# ED 232: Health, Safety and Nutrition Practices for Early Childhood Environment

Prepares the early childhood educator to meet the physical needs of young children of all abilities through preparation of a safe environment, planned routines and positive experiences in the area of health, safety and nutrition. Focuses on the physical needs of children, child abuse and neglect.

## Course Student Learning Outcomes

Upon completion of the course students should be able to:

1. Demonstrate knowledge of age-appropriate health and safety practices
2. Discuss the principles and practices of nutrition in early childhood including family-style eating practices.
3. Describe state licensing requirements for early care and education settings.
4. Demonstrate understanding of an educator's responsibilities in reporting and supporting children's physical needs in cases of child abuse and neglect.

Credits: 3

Program: [Education](#)